Tigers Times



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PAPHOS WILDCATS SHINE IN 15X CYPRUS WOMEN S CHAMPIONSHIP ROUND 3

The **Paphos Wildcats** delivered an impressive performance at the ISX Cyprus Women's Championship Round 3, held at Spazio Sport and Leisure Centre. With dominant victories over the Larnaca Spartans (7-1 and 5-1), the **Wildcats** showcased their skill, teamwork, and determination on the field.

Despite narrow losses to the Limassol Sirens (2-0 and 1-0), the Wildcats demonstrated resilience and tenacity, proving themselves as strong contenders in the championship.

Wildcat of the Day was awarded to Anne Maton, whose consistency, composure, and strategic play made a significant impact throughout the matches.

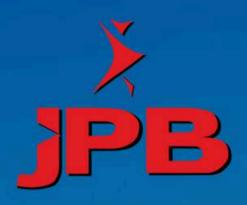


Tries were scored by Captain Dana, Vice-Captain Becky, and teammates Linzy, Bell, and Milla, each contributing to the team's powerful offensive display.



The Paphos Wildcats continue to build momentum in the competition, with their eyes set on future victories. The team extends gratitude to their supporters and looks forward to the final with confidence and determination.





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PAPHOS FIGERS EXCEL WITH STRONG PERFORMANCES AND GROWING FALENT

Paphos Tigers has been buzzing with excitement over the past couple of weeks, with teams across all age groups making their mark on the pitch, with more to come in the next few weeks.



The Tigers delivered an impressive performance at the Limassol RFC home grounds on March 15 in a thrilling **ISX Cyprus 7s Championship 2025** Round 2. They won two out of their three matches, displaying immense strength and commitment throughout the competition.

Their efforts secured them a well-earned 2nd place finish against a tough touring side, Swanage & Wareham RFC A.







On March 22, the Tigers family came together for the Mixed Touch Tournament at Happy Valley, Episkopi. Competing with two teams against eight other on-island teams, it was a long and exciting day of rugby filled with teamwork and portsmanship. Paphos Tigers A put in a stellar performance, finishing in an impressive 2nd place, while Paphos Tigers B Fecured yourngest place The toumands, was atfactastic! showcase of rugby's inclusive spirit and the growing ta within the club and a island.

Paphos Tigers RFC Appoints New Youth Representative

Paphos Tigers RFC is proud to announce the appointment of **Thoma Thaddeus** Youth as Representative, key role dedicated giving to young voice players а within the club.



Thaddeus will work closely with coaches, team managers, and the Executive Committee to enhance the youth experience.

He will be responsible for advocating for players, supporting training young sessions. organising events. and promoting the club's values of discipline, teamwork, and sportsmanship.

Paphos Tigers RFC would like to thank everyone who participated in the voting process and all candidates who put themselves forward. We are excited for the future and confident that our new Youth Representative will make a meaningful impact in strengthening our youth rugby programme.

Stay tuned for upcoming initiatives and events led by our Youth Representative as we continue to grow and develop the next generation of rugby players!



On March 22, the Tigers family came together for the Mixed Touch Tournament at Happy Valley, Episkopi.

The Paphos Tigers, Colts and Wildcats joined forces over two teams to compete against eight other on-island teams, it was a long and exciting day of rugby filled with teamwork and sportsmanship.

Paphos Tigers A put in a stellar performance, finishing in an impressive 2nd place, while Paphos Tigers B secured a strong 4th place.

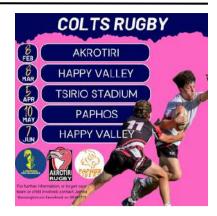
The tournament was a fantastic showcase of rugby's inclusive spirit and the growing talent within the club and across the island.

Quarterly Newsletter

Our Paphos Colts were defeated in their game on 8th March at Happy Valley against Akritori Youth.

While the loss stings, setbacks like these only build resilience and character.

Every defeat is a lesson, and the team will come back stronger, tougher, and more determined than ever.



The **U13** team put on a fantastic display in their tournament on 30th March, showing great determination and teamwork, with some brilliant tries highlighting their effort.

Meanwhile, the **U9s** played with confidence and strength, taking on all their opponents with enthusiasm and skill. It was a great day of rugby, showcasing the hard work and dedication of all the young players.

A huge thank you to all the organisers and hosts for making the tournament possible, as well as to the coaches for their guidance and support.

A special thanks also goes out to the parents for their encouragement and dedication—your support is invaluable in helping these young athletes grow and thrive in the sport!





CRF's 1st Women's Contact Tackling Session on 16th March was a significant milestone in promoting women's rugby. Open to all women and girls aged 12 and above, the session introduced players to the fundamentals of tackling in a safe and structured environment.

Participants started with a dynamic warm-up to prepare their bodies for the physical demands of contact training. Coaches then guided them through tackling techniques using tackle pads, emphasising proper body positioning, footwork, and safe engagement. Drills focused on building confidence, teaching players how to absorb and initiate contact effectively.



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